

Help your clients qualify for Food Stamps!

Able Bodied **A**dults **W**ithout **D**ependents

(ages 18-49, not disabled and no dependents)

only get 3 months of food stamps from January 2019 through December 2021 unless they work/volunteer/train 20 hours or more each week **AND** follow all reporting guidelines.

People can still get food stamps if...

You are:

- ✓ Age 18 – 49
- ✓ Living in a home without children

AND one of these...

- Homeless
- Unable to work
- Pregnant

To help your clients get food stamps:

Contact Legal Services Public Benefits Program at

314.256.8711

or

publicbenefits@lsem.org

We are always happy to provide your staff and agency with information and materials to help your clients access food stamps and avoid hunger.



**Note: "Unfit for work" does not mean "permanent and total disability." While a medical note is needed, the reasons for not working are less stringent and can be temporary – such as a broken bone – or more long term such as recurrence of a chronic illness or mental illness.*

Who is affected by Food Stamps work requirements?



People who cannot find full-time work.

In 2018, **88,000 Missourians** could only secure **part-time work**.

of those **41%** were **Hispanic** or **Black**



4 out of every **5 people** who get **Food Stamps** are currently working or physically not able to work.

Between 2016 and 2018, more than **100,000 Missourians** lost their **Food Stamps** due to the new requirements.



Why do people struggle to meet work requirements? Barriers include:

- Lack of transportation
- Unstable housing
- Unstable work history & criminal convictions
- Undiagnosed physical and mental illness

Many people who have been denied food stamps may be eligible and just need help with paperwork and reporting.